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## Videos for Wisconsin Child Care Providers to Borrow:

### INFANTS, TODDLERS, AND TWOS

*This list is divided into the following sections: general topics; Magda Gerber and Emmi Pikler; Program for Infant/Toddler Care; Shaken Baby Syndrome; Sudden Infant Death Syndrome.*

Go to [www.ccic.wi.gov](http://www.ccic.wi.gov) and click on the tab **Our Library** for borrowing procedures and a searchable online catalog of all CCIC's audiovisual resources and books.

**ATTACHMENT RELATIONSHIPS: NURTURING HEALTHY BONDS.** Chicago, IL: Learning Seed, 2010. DVD, 29 min.

Attentive, responsive, and loving care given by a baby's primary caregiver sets the foundation for a child's capacity to form and maintain healthy relationships throughout life. This video focuses on a baby's phases of attachment from birth to age two, the attachment theories of John Bowlby and Mary Ainsworth, and how parents and caregivers can foster healthy attachment relationships.

**BABIES.** Universal City, CA: Universal Studios Home Entertainment, 2010. DVD, 79 min.

Originally released as a motion picture in 2010, this video follows four babies from different parts of the globe as they navigate their first year of life. It features Ponijao from Namibia, Bayarjargal from Mongolia, Hattie who lives in San Francisco, and Mari from Tokyo. Includes a bonus feature about the babies three years later.

**BABIES ARE CHILDREN, TOO.** (The Whole Child: A Caregiver's Guide to the First Five Years, Tape 3.) By Joanne Hendrick. South Burlington, VT: Annenberg/CPB Project, 1997. **VHS**, 27 min. + faculty guide.

Special concerns when caring for infants in groups and the importance of nurturing care.

**BAMBINI: EARLY CARE AND EDUCATION IN PISTOIA, ITALY: A CHILD-FRIENDLY CITY.** Carolyn P. Edwards. New York: Teachers College, Columbia University, 2003. **VHS**, 30 min. + viewer's guide + book *Bambini* (237 p.)

Uses the voices of parents, teachers, and administrators to go inside two inclusive infant-toddler centers; some preschool laboratories focusing on storytelling, oral literature, and the visual arts; a teacher workshop; and a preschool center that emphasizes books, imagination, and emerging literacy. All the centers for children under age six have continuity of care over two or more years, close relationships with

families, and strong professional development for teachers. Shows physical environments, teachers' ideas about working with children across a range of abilities, and use of materials and community resources.

**BEGINNINGS OF LIFE: HEREDITY & ENVIRONMENT.** Chicago, IL: Learning Seed, 2011. DVD, 38 min.

Explains how genes determine the traits of an individual. Discusses how environmental factors can affect a child's health later in life.

**BEGINNINGS OF LIFE: NEWBORN DEVELOPMENT.** Chicago, IL: Learning Seed, 2011. DVD, 42 min.

Shows the physical, cognitive, and social changes that newborns experience in early infancy. Explains the crucial role of sleep and nutrition in fostering development and offers guidelines for parents to care for their baby.

**BLOODBORNE PATHOGENS: INFANTS AND TODDLERS.** Virginia Beach, VA: Coastal Training Technologies Corp., 2004. DVD, 16 min. + handbook.

Explains bloodborne pathogens and safety procedures to use with infants and toddlers. Covers: Hepatitis B, Hepatitis C and HIV, transmission, housekeeping, exposure control, personal protective equipment.

**CARING FOR INFANTS AND YOUNG TODDLERS.** Redmond, WA: Exchange Press, 2011. DVD, 54 min.

Offers practical ideas and insights from early care and education professionals who have spent years working with directors, teachers, young children, and their families. Interlaced with real-life classroom video, they provide a platform for staff development and training sessions. **Contents:** What do babies need from caregivers? -- Creating safe environments that meet evolving needs -- Learning to communicate with infants -- The importance of relationships -- What are the qualities that make an exceptional infant teacher? -- How do you know when an infant/toddler classroom is working? -- How do ratios and group sizes affect the quality of infant care? -- What does curriculum mean for infant care?

**A CHILD GROWS: THE FIRST YEAR OF LIFE.** Lake Zurich, IL: Learning Seed, 2003. DVD, 24 min. + study guide.

How does an infant change and grow in the first 365 days of life? An all-infant cast demonstrates the developmental milestones of the first year and helps us understand how infants develop cognitively, physically, and socially. Suitable for self-study, orientation, and staff development.

**COOING, CRYING, CUDDLING: INFANT BRAIN DEVELOPMENT.** (Indiana's Child Care Collection). Washington, DC: NAEYC, 1997. DVD, 28 min.

Explores the fascinating process of brain development during the first 15 months of life and shows how to stimulate this process in order to help "build a better brain."

**DAILY SCHEDULES AND CAREGIVING ROUTINES.** Ypsilanti, MI: High/Scope Press, 2011. DVD, 92 min. + viewer guide.

Eating, napping, playing, exploring objects and people, all infants and toddlers do these things but have varying personal routines from day to day. When caregivers provide consistent but flexible daily schedules and caregiving support, they let children know their needs are met, freeing the children to investigate their world. **Contents:** Organizing the day around daily events and caregiving routines -- Planning the daily schedule -- Scenes for discussion and reflection, infant and older-infant day, toddler day.

**DISCIPLINE: TEACHING LIMITS WITH LOVE.** Beverly Hills, CA: I Am Your Child Foundation, 1999. DVD, 28 min.

Dr. T. Berry Brazelton, America's foremost pediatrician, shows parents that setting limits is not punishment, but a loving way to teach a child how to control his or her own behavior. He includes many ideas for gently and firmly setting limits for children from birth through three years old.

**THE FIRST YEARS LAST FOREVER.** With Rob Reiner. Beverly Hills, CA: I Am Your Child Foundation, 1997. DVD, 29 min.

New parents learn how to help their infants reach their full potential. The video includes information on bonding and attachment, communication, health and nutrition, discipline, self-esteem, child care, and self-awareness, all considered in the light of new research in brain development.

**FOUNDATIONS FOR RELATIONSHIP: QUALITY INFANT CARE DURING THE FIRST YEAR.** Oakland, CA: BlueSkies for Children, 2013. DVD, 30 min.

Presents the essential components of high quality infant care in a child care program. Experienced teachers in a NAEYC-accredited center intentionally and in many ways build trust with babies and parents, support independence, and individualize care while also meeting the diverse needs of the group.

**THE HAPPIEST BABY ON THE BLOCK : THE NEW WAY TO CALM CRYING AND HELP YOUR BABY SLEEP LONGER.** Harvey Karp. Los Angeles, CA: The Happiest Baby, Inc, 2006. DVD, 128 min. + parent guide.

Dr. Harvey Karp demonstrates what he calls the five S's, techniques for calming crying newborn babies: swaddling, side or stomach position, shushing, swinging, and sucking. The techniques used independently or together help simulate the conditions in the womb. DVD bonus features include calming sounds that can be played all night long.

**THE HAPPIEST TODDLER ON THE BLOCK.** By Harvey Karp. Los Angeles, CA: Happiest Baby, Inc, 2004. DVD, 38 min. + 31 min. bonus question and answer period.

Noted pediatrician and child development expert Dr. Harvey Karp teaches parents how to cope with their toddlers. Includes tips on how to calm outbursts, stop most tantrums before they start, and build a loving and respectful relationship with children.

**INFANT AND TODDLER CARE SERIES.** Barrington, IL: Magna Systems, 2002. 5 **VHS**, approx. 24-min. videocassettes, each with guide.

These tapes demonstrate and explain the rationale for quality infant and toddler care through the actions and discussions of child care experts.

**Tape 1. CHILD CENTERED CURRICULUM**

Shows how curriculum is closely related to the child and how teachers develop curriculum from the children's everyday experiences at the center.

**Tape 2. EXPLORING AND LEARNING**

Cognitive curriculum is revealed through the actions of children and caregivers involved with materials and the environment. Responsiveness to the child and alertness to each child's thinking both respect and support each child's unique way of learning.

**Tape 3. SENSORY AND ART**

Because a child uses all his developing senses to understand his surroundings, teachers show how they plan activities specifically to involve the child's senses and allow him time to explore how things feel, look, taste, smell, and sound.

**Tape 4. KEYS TO QUALITY INFANT AND TODDLER CARE**

Emphasized as key are relationships, responsiveness, and individualized care. Also highlighted are elements of programming and the environment, including health and safety.

**Tape 5. INVESTING IN CARING RELATIONSHIPS (2003, 29 min.)**

The most essential aspect of child care for the infant or toddler is the quality of his relationship with his caregiver. He needs a caregiver who provides time, focus and consistency, who is responsive, who communicates with him in many ways, and who plans with his parents to share the values of his home culture and language.

**INFANT CURRICULUM: GREAT EXPLORATIONS.** Washington, DC: NAEYC, 1993. DVD, 20 min.

This video focuses on stages of development from birth through 15 months, individual temperament and style, shaping the environment and using routines to support the exploration essential for learning in infancy.

**INFANT MILESTONES.** Chicago, IL: Learning Seed, 2011. DVD, 30 min.

Follows an infant's rapid physical development in the first year of life. Shows how a baby's brain develops and how infants fit into the sensorimotor stage of cognitive development. Gives parents and caregivers ways to foster the social and emotional growth and development of young children.

**INFANTS.** Chicago, IL: Learning Seed, 2010. 3 DVDs + teaching guides.

**Disc 1. INFANTS: PHYSICAL DEVELOPMENT (30 min.)**

The importance of proper nutrition and sleep in the first year. How infants rely on their innate reflexes. How gross and fine motor skills emerge in typically developing children as well as those with challenging conditions.

**Disc 2. INFANTS: COGNITIVE DEVELOPMENT (28 min.)**

Infant intelligence, information processing, and memory. The progression of infant communication from crying to giggling to babbling and their first words. How language is learned and how caregivers can use infant-directed speech to foster cognitive development.

**Disc 3. INFANTS: SOCIAL & EMOTIONAL DEVELOPMENT (23 min.)**

The different stages of emotional development. How infants form attachments with people. How personality and temperament affect an infant's social and emotional growth. How caregivers handle various situations.

**IS BABY OK? : ASSESSING DEVELOPMENT.** Lake Zurich, IL: Learning Seed, 2003. DVD, 38 min. + guide.

A developmental pediatrician assesses the development of a two-week-old baby and explains what he looks for. The video also covers developmental milestones in physical growth, personal and social skills, large and small motor skills, and language acquisition in the first two years of life.

**IT'S MINE! : RESPONDING TO PROBLEMS AND CONFLICTS.** Ypsilanti, MI: High/Scope Press, 2006. DVD, 40 min. + viewer guide.

Provides strategies caregivers can use to respond sensitively and positively to children's social conflicts. Includes strategies for problem prevention, positive limit setting, and resolving conflicts to help children begin to develop important social, language, and reasoning abilities.

**LAUGHING, LEARNING, LOVING: TODDLER BRAIN DEVELOPMENT.** (Indiana's Child Care Collection). Washington, DC: NAEYC, 1997. DVD, 28 min.

Throughout the toddler period, the brain continues to develop at an astonishing rate, and this video shows much that we can do to promote optimal development.

**LEARNING HAPPENS.** Washington, DC: Zero to Three, 2007. DVD, 41 min. + guide.

30 video vignettes show parents and children -- aged birth to 3 years -- interacting during playtime and everyday routines. We see how learning unfolds through loving interactions with parents and caregivers, and the critical role that adults play in supporting children's healthy development.

**LEARNING HAPPENS II.** Washington, DC: Zero to Three, 2010. DVD, 34 min.

25 video vignettes show teachers, caregivers, and children -- from birth to 5 years old -- involved in daily interactions in child care settings in which the children participate in activities to develop school readiness skills such as language and other skills.

**LIFE AT 1: NEW EXPERIENCES.** New York: Films for the Humanities & Sciences, 2011. DVD, 54 min.

Follows a group of one-year-olds as they reach new developmental milestones. The children's daily routines bring many new experiences, including separation anxiety and social situations. Previously released in 2006 as part of the study *Life at 1, 3 and 5: A Longitudinal Study in Child Development*.

**LIFE AT 1: STRESS AND ITS IMPACT.** New York: Films for the Humanities & Sciences, 2013. DVD, 57 min.

A poignant exploration of the causes and effects of chronic stress in a group of one-year-olds. Shows how the children's cortisol levels vary with the stress they experience at specific times in their daily routines. Previously released in 2006 as part of the study *Life at 1, 3 and 5: A Longitudinal Study in Child Development*.

**NEW PERSPECTIVES ON INFANT/TODDLER LEARNING, DEVELOPMENT, AND CARE.**

Sacramento, CA: California Dept. of Education, 2006. 3 DVDs, 2 hrs each + 164-page guide with facilitator and participant handouts.

In this innovative training series, broadcast in 2005, nationally known experts discuss infants and toddlers using video clips that clearly demonstrate the concepts being presented.

**Session 1: It's people who create high-quality infant toddler care**

All of the people involved—family members, children, teachers, and program leaders— have essential gifts to contribute to a high quality program.

**Session 2: The emotional foundations of learning; The curriculum planning process**

Looks into the underlying relationship between emotions and intellect, and how relationships create an essential foundation for learning. Walks through the process of planning curriculum for infants and toddlers in groups, giving special emphasis to documentation.

**Session 3: The active role of the teacher and the environment in the daily curriculum**

The teacher and the environment play active roles in the daily curriculum in group care for infants and toddlers. Covers how both the teacher and the environment support infant/toddler learning and development.

**OUTDOORS: PLAY, LEARNING & DEVELOPMENT.** Newcastle upon Tyne, England: Siren Films, 2010. 3 DVDs + 3 books by Jan White.

The many ways being outdoors fascinates young children and helps their physical, cognitive and emotional development.

**Disc 1. BABIES OUTDOORS: PLAY, LEARNING & DEVELOPMENT.** (53 min. + 58 pages.)

The outdoors is as valuable for babies as it is for older children. The close adult can bring the outside world alive for them and help them enjoy the many brain- and sense-building opportunities the outdoors provides.

**Disc 2. TODDLERS OUTDOORS: PLAY, LEARNING & DEVELOPMENT.** (65 min. + 47 pages.)

Toddlers thrive outdoors as they move, explore, and develop brain and body inseparably with the vital help of adults.

**Disc 3. TWO YEAR OLDS OUTDOORS: PLAY, LEARNING & DEVELOPMENT.** (63 min. + 60 pages.)

Two-year-olds' outdoor interactions -- with the environment, natural materials, other children, and adults -- promote deep learning and shape their language, imagination, social skills, and holistic development.

**PEDIATRIC FIRST AID FOR CAREGIVERS AND TEACHERS.** Revised first ed. Sudbury, MA: Jones and Bartlett Publishers, 2008. DVD + 313-page guide + 155-page instructor's resource manual.

Designed to give caregivers and teachers education and skills necessary to provide critical first aid to children.

**READING WITH BABIES = LEYENDO CON BEBÉS.** New York: Read To Me Program, 2005. DVD, 18 min. + program note sheet. Narration in English and Spanish.

Reading with babies is very important in developing their language skills and imagination. Viewers can see the shared fun, communication, and connection in these fifty examples of babies under two years of age being read to by a parent.

**READY TO LEARN.** With LeVar Burton. Beverly Hills, CA: I Am Your Child Foundation, 2000. DVD, 24 min.

Tips for new parents in helping their infants, toddlers and preschoolers reach their full learning potential.

**RELATIONSHIP-BASED CHILD CARE FOR BABIES AND TODDLERS.** Van Nuys, CA: Child Development Media, Inc, 2002. 4 DVDs + guides.

Self-paced learning packages reflect the current practice at Lady Gowrie Child Centre in Adelaide, Australia.

**Disc 1. PRIMARY CAREGIVING: WORKING TOWARD SECURE ATTACHMENTS IN CHILDCARE (19 min.)**

Shows the benefits of primary caregiving for the children, families and child care professionals.

**Disc 2. SECURE ATTACHMENTS: THE FOUNDATION OF RELATIONSHIPS IN CHILDCARE PROGRAMS (20 min.)**

Provides an understanding of attachment and how child care professionals support the development of secure attachment relationships for children birth to three years in child care centers.

**Disc 3. PARENT PARTNERSHIPS: PARENTS AND CAREGIVERS TOGETHER (26 min.)**

Discusses the importance of a quality caregiver and parent relationship. Describes and demonstrates the components of a relationship and the challenges and methods of communications for a caregiver.

**Disc 4. PLAY THAT'S REAL: FOSTERING A SENSE OF IDENTITY IN TODDLER PROGRAMS (35 min.)**

Discusses how caregivers can promote play that is authentic for toddlers, through building on everyday experiences and routines.

**SAFE FROM THE START.** Hosted by Gloria Estefan. Beverly Hills, CA: I Am Your Child Foundation, 2000. DVD, 28 min.

Provides helpful information about: car seats and car safety, feeding and food safety, crib safety, diaper changing and bath time, choking prevention and first aid for choking, childproofing your home, toy safety, kitchen safety, safety outside the home, kids and gun safety.

**SIGN WITH YOUR BABY: HOW TO COMMUNICATE WITH INFANTS BEFORE THEY CAN SPEAK.** W. Joseph Garcia and Burton L. White. Seattle, WA: Northlight Communications, 1999. DVD, 64 min. + book (106 p.)+ quick reference guide.

Babies have control over their hands long before they can speak, so when they are about eight months old you can start teaching them a few simple signs which will make a big difference in their ability to communicate with you. This complete learning kit provides practical advice, illustrations and demonstrations by both babies and adults of the most effective signs to use with your baby.

**SMART BEGINNINGS.** Milwaukee, WI: Children's Health Education Center, 2001. **CD-ROM** + booklet (56 p.)

Covers the same topics as the preceding video, but on a CD-ROM with an accompanying booklet.

**SOCIAL AND EMOTIONAL DEVELOPMENT OF INFANTS AND TODDLERS.** Anderson, IN: Covenant Productions, 2001. Distributed by NAEYC. 3 DVDs, approx. 21 min.

Series based on the research of *From Neurons to Neighborhoods: The Science of Early Childhood Development*.

**Disc 1. ACQUIRING SELF-REGULATION**

Challenges children face as they make the transition from external regulation to self-regulation.

**Disc 2. COMMUNICATING & LEARNING**

Ways in which children begin to acquire the capabilities that support communication and future learning.

**Disc 3. MAKING FRIENDS AND GETTING ALONG WITH PEERS**

Ways in which learning to form relationships has a significant impact on young children, their sense of self-worth, and their ability to learn.

**STEPS AND STAGES: A CAREGIVER'S GUIDE TO CHILD DEVELOPMENT.** Monmouth Junction, NJ: Cambridge Educational, 2004. DVD, 25 min. + teacher's guide.

The most dramatic changes in any person's life occur within the first year. This program describes developmental milestones in a child's first 15 months of life. It looks at the importance of communication, as well as how to recognize cognitive and motor development.

**TEN THINGS EVERY CHILD NEEDS.** Chicago: WTTW Chicago, 1997. DVD, 60 min.

Shows how brain development in children up to age three is influenced by such things as interaction, touch, stable relationships, safe environments, self-esteem, quality child care, play, communication, music, and reading.

**TIME WITH TODDLERS: TRAINING FOR CAREGIVERS.** By Margie Carter and Kidspace Childcare Center. Kidspace Childcare Center, 1991. DVD, 23 min. + trainer's guide.

This video attempts to remove the bad rap toddlers often get and replace it with delight, respect and appreciation. It offers a realistic look at typical toddler behavior in group settings, explained from a toddler's point of view. Excellent way to remind yourself why toddlers do what they do and see some recommended caregiving interactions.

**TODDLER BEHAVIOR & DEVELOPMENT.** Beaverton, OR: Educational Productions, 2004. 2 DVDs, 30-min. + discussion guides.

A collection of 3 to 5 minute, unnarrated video clips featuring toddlers ages 18 to 36 months. Clips were carefully edited for clarity and interest, making them useful in workshops, classes, home visits.

**Disc 1. AT HOME WITH PARENTS**

Eight video clips featuring typical toddler behavior and responses during daily routines and activities at home, interacting with parents, siblings, and friends.

**Disc 2. IN CENTER AND FAMILY CARE SETTINGS**

Eight video clips featuring professionals supporting toddlers at all stages of development in family child care, Early Head Start, and child care center settings.

**TODDLER CURRICULUM: MAKING CONNECTIONS.** Featuring Dr. Alice S. Honig. Washington, DC: NAEYC, 1991. DVD, 20 min.

Examines how children ages 12 to 36 months develop and learn. Shows how developmentally appropriate curriculum in the toddler classroom helps children develop newfound skills and become less dependent on adults.



**TODDLERS.** Chicago, IL: Learning Seed, 2011. DVD, 36 min. + teaching guide.

Toddlers are constantly busy learning new skills as their bodies grow and become more coordinated. They begin to communicate and connect with others as well as manage their feelings. This program looks at each aspect of a toddler's development including physical, cognitive, social and emotional milestones. Includes concepts from developmental theorists, pertinent statistics, and practical suggestions for caregivers.

**TODDLERS.** Chicago, IL: Learning Seed, 2009. 3 DVDs + teaching guides.

**Disc 1. TODDLERS: PHYSICAL DEVELOPMENT (29 min.)**

One- and two-year-olds begin to develop fine and gross motor skills and grow rapidly when provided good nutrition and the proper amount of sleep.

**Disc 2. TODDLERS: COGNITIVE DEVELOPMENT (26 min.)**

One- and two-year-olds develop symbolic thinking and pretend play. They develop memory and information processing through the use of repetition. Toddlers also begin to speak words and even create short sentences.

**Disc 3. TODDLERS: SOCIAL & EMOTIONAL DEVELOPMENT (24 min.)**

Toddlers are skilled at expressing their emotions. They come to understand how their actions can affect others. They develop attachments and social bonds through their interactions. Gender and temperament play an important role.

**VIDEO OBSERVATIONS FOR THE INFANT/TODDLER ENVIRONMENT RATING SCALE (ITERS-RError! Bookmark not defined. VIDEO TRAINING).** Revised edition. By Thelma Harms and Debby Cryer. New York, Teachers College Press, 2003. DVD + video guide & training workbook + instructor's guide.

ITERS-R is designed to assess programs for children from birth to 30 months of age. The scale consists of 39 items organized into seven subscales: space and furnishings, personal care routines, listening and talking, activities, interaction, program structure, and parents and staff. The video contains short scenes for scoring practice and the Video Guide provides the print materials necessary for the training. They may be used either for self-instruction or with an instructor.

**VISIONARY INFANT AND TODDLER ENVIRONMENTS: A STUDY GUIDE.** By Margie Carter and Deb Curtis. Seattle, WA: Harvest Resources, 2005. **CD-ROM.**

Wonderful PowerPoint slides on CD-ROM show program environments that help infants and toddlers feel cozy and at home, connected with others and the outside world, invited to explore and act, and surrounded by meaningful literacy.

**THE WONDER YEAR: FIRST YEAR DEVELOPMENT AND SHAPING THE BRAIN.** With Maria Robinson. Newcastle upon Tyne, England: Siren Films, 2009. DVD, 67 min. + 31-page book.

Follows one baby's actions and family interactions from birth to 12 months, concentrating on physical, social, emotional, and cognitive development. Commentary explains what's behind seemingly simple, everyday events as the baby's brain develops.

**YOUR HEALTHY BABY.** With Phylicia Rashad. Beverly Hills, CA: I Am Your Child Foundation, 2000. DVD, 26 min.

Phylicia Rashad shares expert advice on how parents can help their children establish healthy habits and gives information on: how to maintain good health during pregnancy, bottle-feeding versus breast-feeding, when a child should visit the doctor, what foods to feed a child and when, and the importance of exercise.

## **MAGDA GERBER AND EMMI PIKLER**

**ON THEIR OWN WITH OUR HELP: EXAMPLES OF SELECTIVE INTERVENTION.** With Magda Gerber. New York: Bradley Wright Films, 1978. DVD, 14 min.

As several infants freely explore a playroom, Magda Gerber demonstrates when NOT to interfere with their choices and solutions. She also uses a case of biting to teach gentleness to an infant by being gentle herself.

**RESPECTFULLY YOURS: MAGDA GERBER'S APPROACH TO PROFESSIONAL INFANT/TODDLER CARE.** Produced by the California State Dept. of Education and the Center for Child & Family Studies, Far West Laboratory for Educational Research & Development. Sacramento, CA: CA State Dept. of Education, 1987. DVD, 58 min. + booklet.

Magda Gerber, nationally recognized leader in infant care, explains her philosophy of care based on respecting infants, her approach to observing infants and toddlers, and her concerns about infant equipment. The video is divided into three 16- to 19-minute segments, so trainers can select any of the three parts to show and discuss during a training session.

**SEE HOW THEY MOVE.** By Magda Gerber. Los Angeles, CA: Resources for Infant Educators, 1989. DVD, 28 min.

Shows how infants and toddlers from 5 weeks to 20 months naturally develop gross motor skills. Urges adults to step back and observe, respect and enjoy the natural development of every baby.

**SEEING INFANTS WITH NEW EYES.** By Magda Gerber. Washington, DC: NAEYC, 1986. DVD, 25 min.

Educator Magda Gerber presents her philosophy on infant care. She points out that it is in the first two years of life that we develop our patterns of learning, living and loving ... and that therefore it is very important that those who deal with infants respect them.

## **PROGRAM FOR INFANT/TODDLER CARE**

**THE PROGRAM FOR INFANT/TODDLER CARE.** Produced by the California State Dept. of Education and the Center for Child & Family Studies, Far West Laboratory for Educational Research & Development. Sacramento, CA: CA State Dept. of Education. **CCIC has the following videos from this highly recommended series:**

**AGES OF INFANCY: CARING FOR YOUNG, MOBILE & OLDER INFANTS.** 1990. DVD, 26 min. + booklet.

Shows how the developmental issues of security, exploration, and identity are present throughout infancy but change in prominence as the child grows from young to mobile to older infant. Demonstrates specific

things caregivers can do to adapt care to the child's stage of development and support infants as they grow from birth to 36 months.

**DISCOVERIES OF INFANCY: COGNITIVE DEVELOPMENT AND LEARNING.** 1991. DVD, 32 min. + booklet.

Infants and toddlers learn by making six big discoveries: learning schemes, cause and effect, use of tools, object permanence, understanding space, and imitation. This video helps us appreciate the complexity of cognitive development and suggests specific ways caregivers can help infants and toddlers learn.

**EARLY MESSAGES: FACILITATING LANGUAGE DEVELOPMENT AND COMMUNICATION.** 1998. DVD, 28 min. + booklet.

Covers the development of communication and language during the young, mobile, and older periods of infancy. Shows the role caregivers play in fostering early communication including turn-taking, self-talk and parallel talk, simplified speech and gestures, and imitation of infants' signals.

**ESSENTIAL CONNECTIONS: TEN KEYS TO CULTURALLY SENSITIVE CHILD CARE.** 1992. DVD, 36 min. + booklet.

Because children from birth to three are in the initial stages of forming a sense of self, they are particularly hurt by negative messages about their cultural identity. These ten recommendations about program structure and interpersonal give-and-take will help you strengthen children's connections with their families and their home culture.

**ESSENTIAL CONNECTIONS TALKING POINTS.** 1998. DVD, 74 min. + booklet.

Supplementary video clips to help trainers structure group discussion of key topics in the video **Essential Connections: Ten Keys to Culturally Sensitive Child Care**. In the clips, Carol Brunson Phillips, Lily Wong Fillmore, and Louise Derman-Sparks broaden our point of view on many provocative and controversial topics, and caregivers do four role plays in which parents and providers from different cultures discuss specific disagreements about children's care.

**FIRST MOVES: WELCOMING A CHILD TO A NEW CAREGIVING SETTING.** 1986. DVD, 27 min. + booklet.

Illustrates some practical steps you, as a professional caregiver, can take in introducing a child to a new setting and making those sometimes wrenching separations go a lot easier for everyone.

**FLEXIBLE, FEARFUL, OR FEISTY: THE DIFFERENT TEMPERAMENTS OF INFANTS AND TODDLERS.** 1990. DVD, 29 min. + booklet.

Explains nine temperamental traits: activity level, biological rhythms, approach/withdrawal, mood, intensity of reaction, sensitivity, adaptability, distractibility, and persistence. Children from birth tend to have one of three combinations of these traits and thus be either flexible, fearful, or feisty. Video explains these three temperamental types and suggests caregiving techniques that are especially helpful to each type of child.

**GETTING IN TUNE: CREATING NURTURING RELATIONSHIPS WITH INFANTS & TODDLERS.** 1988. DVD, 24 min. + booklet.

As a caregiver and an infant get in tune with each other, they develop a deep understanding and become close--and this closeness is the foundation of healthy emotional growth in infants and toddlers. The video shows how in-tune caregivers respect the child, let the child set the pace, recognize the child's feelings, receive from the child rather than taking, and offer choices rather than imposing them on the child. Video presents four specific ways to get in tune.

**IN OUR HANDS.** 1997. DVD, 14 min. + booklet.

This video urges us to provide better care for infants by meeting their four fundamental needs: close, caring relationships; health and safety; connection to family; and knowledgeable, responsive caregivers. States that, at present, these needs are being met in fewer than ten percent of infant/toddler programs in the United States.

**IT'S NOT JUST ROUTINE: FEEDING, DIAPERING AND NAPPING INFANTS AND TODDLERS.** 2nd edition. 1999. DVD, 23 min. + booklet.

Three sections cover the basics of feeding, diapering, and napping in detail. Each section shows the two sides of routines: 1) following the proper steps and 2) giving caring attention to the child's experience so as to take advantage of opportunities for positive learning and interaction. Includes an explanation of universal precautions and when and how to use gloves in diapering. The producers recommend that after each section is viewed, caregivers discuss what they have seen and add to the ideas and recommendations offered in the video.

**THE NEXT STEP: INCLUDING THE INFANT IN THE CURRICULUM.** 2001. DVD, 22 min. + booklet.

Engaging scenes illustrate infants' and toddlers' inborn drive to acquire social, cognitive, physical, and language mastery. Shows how caregivers can support infant learning by providing close, responsive care, opportunities to learn, environments and interactions adapted to children's needs, and uninterrupted time to explore.

**PROTECTIVE URGES: WORKING WITH THE FEELINGS OF PARENTS AND CAREGIVERS.** 1996. DVD, 27 min. + booklet.

This video shows how caregivers can come to better understand the normal behaviors of parents of infants in care, including highly emotional behavior and conflicting feelings about caregiver/child relationships. The video first focuses on how caregivers can help parents with their fears and concerns and then suggests how caregivers can deal with their own feelings.

**PROTECTIVE URGES TALKING POINTS.** 1998. DVD, 33 min. + booklet.

Supplementary video clips to help trainers structure group discussion with caregivers about the video **Protective Urges: Working with the Feelings of Parents and Caregivers**. Dr. Alicia Lieberman points out that parents who were not taken care of as children violate the expectations of those of us who were taken care of and call up feelings of visceral rage. Three caregivers discuss various situations and feelings with Dr. Lieberman in order to further understand and resolve difficult parent/caregiver relationships.

**RESPECTFULLY YOURS: MAGDA GERBER'S APPROACH TO PROFESSIONAL INFANT/TODDLER CARE.** 1987. DVD, 58 min. + booklet.

Magda Gerber, nationally recognized leader in infant care, explains her philosophy of care based on respecting infants, her approach to observing infants and toddlers, and her concerns about infant equipment. The video is divided into three 16- to 19-minute segments, so trainers can select any of the three parts to show and discuss during a training session.

**SPACE TO GROW: CREATING A CHILD CARE ENVIRONMENT FOR INFANTS AND TODDLERS.** 2nd ed. Sacramento, CA: California Dept. of Education, 2004. DVD, 34 min. + booklet.

Shows that the child care environment has a powerful influence on infants and toddlers and tells about eight qualities to consider when setting up care for infants and toddlers. The four more permanent qualities are

safety, health, comfort, and convenience. Caregiving environments should also accommodate child size, maximize flexibility, encourage movement, and allow for choice.

**TOGETHER IN CARE: MEETING THE INTIMACY NEEDS OF INFANTS AND TODDLERS IN GROUPS.** 1991. DVD, 30 min. + booklet.

This video recommends three crucial policies that help infant/toddler programs meet the intimacy needs of children: the assignment of a primary caregiver to each child, the use of small groups, and keeping caregivers and children together over time.

## **SHAKEN BABY SYNDROME**

**INFANT CRYING.** Ogden, UT: National Center on Shaken Baby Syndrome, 199?. **Compact disc**, 5 min.

Five minutes of infant crying to use in trainings on Shaken Baby Syndrome.

**NEVER SHAKE A BABY! : WHAT PARENTS AND CAREGIVERS NEED TO KNOW.** Ottawa: Kiwanis Club, 1998. DVD, 18 min. + 2 fact sheets. You may view Part 1 at <https://www.youtube.com/watch?v=p-6BmnhMFCQ> and Part 2 at <https://www.youtube.com/watch?v=VwqeugsvU3c> on YouTube.

Promotes SBS prevention through education, coping strategies, and careful child care provider selection.

**NEW YORK LOVES SAFE BABIES: HELPFUL STRATEGIES FOR KEEPING INFANTS AND YOUNG CHILDREN SAFE.** Rensselaer, NY: New York State Children and Family Trust Fund/New York State Office of Children & Family Services, 2006. DVD, 30 min. To view online, go to <http://ocfs.ny.gov/main/prevention/tips.asp> and scroll down to click on the title at the top of the Information Kit contents list.

Personal stories illustrate the consequences of Sudden Infant Death Syndrome (SIDS) and Traumatic Brain Injury (TBI), including Shaken Baby Syndrome (SBS). Gives parents tips for preventing and reducing the risk of child injuries and tragedies. Appropriate for other caregivers such as grandparents, child care providers, babysitters, and non-custodial parents.

**PORTRAIT OF PROMISE: PREVENTING SHAKEN BABY SYNDROME.** English version; updated. St. Paul, MN: Midwest Children's Resource Center at Children's Health Care, 2005. DVD, 11 min.

A nationally recognized child abuse specialist addresses the injuries that can occur if a baby or young child is violently shaken by a parent or caregiver who reacts in anger and frustration to the infant's inconsolable crying. She also gives insight into the prevention of this serious form of child abuse.

**PORTRAIT OF PROMISE: PREVENTING SHAKEN BABY SYNDROME.** Multi-lingual version (Hmong, Spanish, Somali, English), updated. St. Paul, MN: Midwest Children's Resource Center at Children's Health Care, 2005. DVD, 11 min.

A nationally recognized child abuse specialist addresses the injuries that can occur if a baby or young child is violently shaken by a parent or caregiver who reacts in anger and frustration to the infant's inconsolable crying. She also gives insight into the prevention of this serious form of child abuse.

# **SUDDEN INFANT DEATH SYNDROME**

**NEW YORK LOVES SAFE BABIES: HELPFUL STRATEGIES FOR KEEPING INFANTS AND YOUNG CHILDREN SAFE.** Rensselaer, NY: New York State Children and Family Trust Fund/New York State Office of Children & Family Services, 2006. DVD, 30 min. To view online, go to <http://ocfs.ny.gov/main/prevention/tips.asp> and scroll down to click on the title at the top of the Information Kit contents list.

Personal stories illustrate the consequences of Sudden Infant Death Syndrome (SIDS) and Traumatic Brain Injury (TBI), including Shaken Baby Syndrome (SBS). Gives parents tips for preventing and reducing the risk of child injuries and tragedies. Appropriate for other caregivers such as grandparents, child care providers, babysitters, and non-custodial parents.

**SAFE SLEEP FOR YOUR BABY: REDUCE THE RISK OF SUDDEN INFANT DEATH SYNDROME (SIDS) AND OTHER SLEEP-RELATED CAUSES OF INFANT DEATH.** Bethesda, MD: Eunice Kennedy Shriver National Institute of Child Health and Human Development, 2012. DVD, 10 min. May be viewed on the Safe to Sleep website: <https://www.nichd.nih.gov/sts/news/videos/Pages/default.aspx>

Parents in a park talk about ways to reduce the risks of SIDS.

**NOTE:** For a thorough SIDS prevention training, CCIC recommends the **Reducing the Risk of SIDS in Child Care** course and **Speaker's Kit** produced by the American Academy of Pediatrics. Both are available in English and Spanish at <http://www.healthychildcare.org/sids.html> on the Healthy Child Care America website.